

# **Goddard Sailing Association**

## **Interim Cruiser Qualification Program**

Objective: The objective of this memo is to provide direction for an interim Cruiser Helm qualification program until formal training materials can be produced and formal classroom sessions for this qualification can be held. Four classroom sessions and a written exam will supplement the on water sessions described in Appendix A in the formal cruiser qualification program)

### Pre-requisites:

To enter the Cruiser Helm qualification program (interim or formal), a member must meet the following pre-requisites:

- (1) Member of GSA for at least one year and member in good standing for the current year.
- (2) Flying Scot Helm qualified.
- (3) At least five successful (no accidents) charters as Flying Scot helm.
- (4) If born after July 1<sup>st</sup>, 1972, the member must hold a Maryland Safe Boating certificate or state approved equivalent.

### Approved Qualifiers:

The Vice Commodore for Training and Education will publish a list of approved qualifiers for the interim program. In general, the qualifiers should have the following qualifications:

- (1) “Advanced Windrose” qualification as shown on the most recent club roster
- (2) At least five years qualified as cruiser helm
- (3) At least 10 successful cruiser charters
- (4) Good aptitude for instruction. Flying Scot water instructor experience is desirable.

### Program Overview:

The interim qualification program will consist entirely of on the water instruction with an approved qualifier for a minimum of four sessions and a minimum of 10 hours contact time. The knowledge items to be covered and skills to be demonstrated in the instructional sessions are listed in Appendix A..

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Phillip K. Parker, Commodore,. GSA 2008

# Appendix A

## GSA Cruiser Qualification checklist

Student Name: \_\_\_\_\_

I. Knowledge items:

A. Rules of the Road

Demonstrate knowledge of rules of the road for the following conditions:

Your boat under sail, other boat under power:

Meeting, crossing and overtaking

\_\_\_\_\_  
Qualifier / date

Both boats under power:

Meeting, crossing and overtaking

\_\_\_\_\_  
Qualifier / date

Both boats under sail:

Meeting, crossing and overtaking

\_\_\_\_\_  
Qualifier / date

Other circumstances:

Restricted waters, restricted ability to maneuver

General prudential rule

\_\_\_\_\_  
Qualifier / date

Sound signals

Meeting, leaving dock, fog signals, emergency

\_\_\_\_\_  
Qualifier / date

Navigation lights

When required, sectors of visibility, anchor light

\_\_\_\_\_  
Qualifier / date

B. VHF radio procedures

Know the VHF channels for:

General business, distress, weather info

\_\_\_\_\_  
Qualifier / date

Radio watch requirements

\_\_\_\_\_  
Qualifier / date

Demonstrate proper voice radio protocol procedure  
For non – emergency contact

\_\_\_\_\_  
Qualifier / date

Demonstrate proper voice radio protocol  
For ‘MAYDAY’ emergency contact

\_\_\_\_\_  
Qualifier / date

C. Piloting and Navigation

Demonstrate knowledge of buoy and marker  
System: colors and numbering, info and hazard  
Markers, lighted buoys, float free channel marks

\_\_\_\_\_  
Qualifier / date

Demonstrate the ability to read a Nautical chart  
For Selby Bay / South River and surrounding area:  
Channels, lights and landmarks, water depth  
Shoals and hazards.

\_\_\_\_\_  
Qualifier / date

D. Environmental Protection

Demonstrate knowledge of rules for MARPOL  
and oil discharge placards, regulations against  
Oil and marine head holding tank discharge,  
Plastic and plastic bag pollution

\_\_\_\_\_  
Qualifier / date

E. Emergencies

Demonstrate knowledge of proper emergency  
procedures for:

Fire

Grounding

Heavy Weather / Lightning

Man Overboard

Collision

	Medical emergencies – hypothermia, injuries, illness	<hr/> Qualifier / date
II.	Practical factors (skill items)	
1.	Complete the cruiser underway checklist twice	<hr/> Qualifier / date
		<hr/> Qualifier / date
2.	Get the cruiser underway from SBSC with the outboard auxiliary engine twice	<hr/> Qualifier / date
		<hr/> Qualifier / date
3.	Motor from SBSC to open water in South River	<hr/> Qualifier / date
4.	Unfurl and furl the jib with the roller furler while underway	<hr/> Qualifier / date
5.	Raise and lower the mainsail while underway	<hr/> Qualifier / date
6.	Change from motor sailing configuration to under sail only and back to motor sailing	<hr/> Qualifier / date
7.	Sail the cruiser under all points of sail, tack and jibe to change point of sail	<hr/> Qualifier / date
8.	Conduct three successful man overboard drills under sail alone.	<hr/> Qualifier / date
		<hr/> Qualifier / date
		<hr/> Qualifier / date

9. Conduct one successful man overboard drill under power  
\_\_\_\_\_  
Qualifier / date
10. Motor from open water in South River to SBSC  
\_\_\_\_\_  
Qualifier / date
11. Conduct or observe one anchoring  
\_\_\_\_\_  
Qualifier / date
12. Conduct or observe one pumping of the holding tank  
\_\_\_\_\_  
Qualifier / date
13. Conduct two landings at the SBSC dock  
\_\_\_\_\_  
Qualifier / date  
\_\_\_\_\_  
Qualifier / date
14. Complete the cruiser after sailing checklist twice  
\_\_\_\_\_  
Qualifier / date  
\_\_\_\_\_  
Qualifier / date

Instructional Session Log:

- |           |             |              |                    |
|-----------|-------------|--------------|--------------------|
| Session 1 | Date: _____ | Hours: _____ | _____<br>Qualifier |
| Session 2 | Date: _____ | Hours: _____ | _____<br>Qualifier |
| Session 3 | Date: _____ | Hours: _____ | _____<br>Qualifier |
| Session 4 | Date: _____ | Hours: _____ | _____<br>Qualifier |

(Hours must total > 10)

Approved for Cruiser Qualification:

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Vice Commodore , Training GSA